



Loleta
Union Elementary School District

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Hello Loleta Families and Happy Holidays!!

It is December and time for lots of celebrations and good cheer! A lot is going on at Loleta! Here is a breakdown on events with classes and a couple of concerning issues for us to be aware of for our childrens.

- Ms Nyberg (5/6) and Ms Gustaveson's (TK-K) classes had a fabulous time going to the zoo and the Gem and Mineral Show last month! Bear River has given us enough zoo tickets to enable all our other classes to visit the zoo over the next few weeks! Thank you Bear River! You will be hearing from the classes soon if not already! Classes are in the process of scheduling visits to the zoo and ASB will be funding the SkyWalk tour for all these classes.
 - Kiwanis have donated 4 bikes and the raffle will be held on Thursday December 16th at 2:30. Raffle tickets require 10 pieces of cougar cash. However, to start us off each teacher received enough raffle tickets to give one to each student to "reward them" for something good (getting some work done, making good decisions, attendance....). This way everyone who wants to take part in the raffle can!! We will take and share pictures!!
 - Holiday Celebration week is scheduled for December 13 - 17!!! We will be having a dress up week the last week of school before break!
 - Monday- Red and Green Day
 - Tuesday- Whoville Hair Day
 - Wednesday- Ugly Sweater Day with Holiday potluck for staff and gift wrapping to help Santa. Plus Secret Santa Reveal
 - Thursday- Holiday Hero (Rudolph, Frosty, The Dentist from Rudolph, The Grinch....
 - Friday- Santa Day! Santa hats in class! Students to wear their Santa Boots....imagination can take them anywhere with this!!
 - We received a Tree donated by Karen Windsor and her family! Thank you!
 - Holiday Door Decorating competition! The theme is "Appreciating the Light and Beauty of the Season in Humboldt!" Judging will be on Thursday Dec. 16. Ballots will be available in the staff room! Would anyone care to come and help us judge?
 - Santa is coming! It will be on Friday the 17th. We will have a sing along zoom program that our music teacher Ms. Cherry is prepping for with the kids. Then classes will go meet Santa in the Cafeteria to get their presents after!
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Events Around the School

- Two discipline issues have come up around the school of grave concern. One is vaping in the 3rd/4th/5th grades. We have also had "reports" of it happening in the 7th/8th grades. This is an issue that is skyrocketing around the county, and the country. We are working to educate and prevent our students from participating. There have been several suspensions. All paraphernalia came from home or neighbors. We are looking to you as families to speak to your children about not partaking in any form of smoking or drug use. It is dangerous and can cause significant permanent damage. In this packet we have included an informative flier that you can use to speak to your children regarding vaping. Also Humboldt County Office of Education has a number of resources available.
<https://hcoe.org/tupe/>
 - The school will be bringing in more educational resources throughout the year to help teachers spread the word.
 - I have gotten the information for vaping sensors and may have some help with funding.
- Secondly, there is a report of several students leaving campus to go to the store at lunch time for snacks. We have identified the students and involved parents. We also are putting an adult across the street at lunch time to take pictures of any students leaving and then to get them back to campus. Please speak with your kids in middle school and remind them that we have a closed campus for safety. We direct you to the Parent-Student handbook.
- We are also reviewing and reinforcing the rules from the Parent-Student handbook regarding cell phone usage in the 7-8. We ask that if family needs to get ahold of students to please call the office and we will relay the message.
- Reading interventions are happening consistently and the students are loving working with Ms Fairbanks and acting as reading buddies with the younger classes.
- Finally, there is a vaccination clinic scheduled through Open Door in coordination with the LCRC. Marcelina has shared a google drive document for people to sign up. All staff are welcome to get their first shots or their boosters. Young people vaccinations are also available

If you have any questions, ideas or concerns please reach out to us! We look forward to hearing from you! Happy Holidays from the Loleta Elementary Staff!! Be safe and enjoy your break! Students are off from December 20 until December 31. They will be returning on January 3, 2022!!

In Unity for our children!
Autumn

**Upper Grades Newsletter
Mrs. Fox and Ms. Parshall**

Some things the students are looking forward to this month:

Crafting!
Our students are making tons of homemade gifts!

Holiday Fun!
Annual Door Decorating Contest Ends 12/16

Information about classes:

• Google classroom is still the best resource to monitor your student's work.

• Reading Logs are out! Each student should read a choice book for 100 minutes per week.

8th Grade Trip Fundraising Team will be at the Loleta Craft Fair Dec. 11th and 12th from 9am-4pm!

- Our team will be selling the student-made crafts and the last of the \$200 worth of donated Bee Rode Products.
- Allen Rode has partnered with the Wiyot and Bear River tribes to donate 30% of the profit of Bee Rode products to our class! (also available online at bee-rode.com)

Feel free to contact us with any questions:

Mrs. Fox (707)733-5705 Ext 213

Thanks for all your support at home!



Greetings from the TK/Kindergarteners of Loleta Elementary!

We will be making, decorating, and selling salt dough ornaments to help decorate your tree. All proceeds will go to their class funds to help pay for future field trips, class supplies, and other fun educational activities.

Each ornament will be sold for \$1.00. If you would like to purchase one, please complete the order form, and give it to Stephanie (school secretary) along with the money due. These will make wonderful gifts for friends and family.

All ornaments must be paid for in advance and turned in to the office by December 13th, 2021 by 3:00pm.

Ornaments will be available to pick up on December 17th, 2021 in the front office.

Happy Holidays from room 6!





Loleta Elementary School Cougar Cafe
Breakfast & Lunch Menu
December 2021

Breakfast: \$2.50 (Served 7:50am-8:25am) Lunch: \$4.01 (Served 11:40-1:00) **FREE** to all enrolled students
 A choice of milk and fruit offered daily with both breakfast and lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		<u>Breakfast</u> Pancakes, Sausage <u>Lunch</u> Toasted Sandwiches	<u>Breakfast</u> Muffin <u>Lunch</u> Beef Taco Pie	<u>Breakfast</u> Bagel <u>Lunch</u> Chicken Patty Sandwich
6	7	8	9	10
<u>Breakfast</u> Cereal, Yogurt <u>Lunch</u> Bean & Cheese Burrito, Refried Beans	<u>Breakfast</u> Biscuits & Gravy <u>Lunch</u> Cheeseburger, Potato Salad	<u>Breakfast</u> French Toast Sticks, Sausage <u>Lunch</u> Toasted Sandwiches	<u>Breakfast</u> Muffin <u>Lunch</u> Spaghetti	<u>Breakfast</u> Bagel <u>Lunch</u> Chicken Tenders, French Fries
13	14	15	16	17
<u>Breakfast</u> Cereal, Yogurt <u>Lunch</u> Corn Dog, Potato Wedges	<u>Breakfast</u> Biscuits & Gravy <u>Lunch</u> Chili Con Carne w/ Beans, Roll	<u>Breakfast</u> Waffles, Sausage <u>Lunch</u> Toasted Sandwiches	<u>Breakfast</u> Muffin <u>Lunch</u> Chicken, Mashed Potatoes, Roll	<u>Breakfast</u> Bagel <u>Lunch</u> Pizza
20	21	22	23	24
<i>Winter Break</i>		<i>No School December 20-31</i>		
27	28	29	30	31
	<i>Cereal is served daily at breakfast as an alternative to the main item.</i>		<i>Menu is subject to change without notice.</i>	

Our vision is to provide superior customer service while ensuring equity for all



Cougar Café de la escuela primaria Loleta

Menú de desayuno y almuerzo de

Noviembre de 2021

Desayuno: \$2.50 (Se sirve de 7:50 a. M. A 8:25 a. M.) Almuerzo: \$ 4.01 (Se sirve de 11: 40-1: 00-para obtener más detalles, llame a la oficina)
 GRATIS para todos los estudiantes inscritos Se ofrece una selección de leche y fruta todos los días con el desayuno y el almuerzo

Lunes	Martes	Miércoles	Jueves	Viernes
		1 <u>Desayuno</u> Panqueques, Salchicha <u>Almuerzo</u> Sándwiches Tostados	2 <u>Desayuno</u> Muffin <u>Almuerzo</u> Pastel de Taco de Res	3 <u>Desayuno</u> Bagel <u>Almuerzo</u> Sándwich De Empanada De Pollo
6 <u>Desayuno</u> Cereales y Yogur <u>Almuerzo</u> Burrito, Frijoles	7 <u>Desayuno</u> Galletas y Salsa <u>Almuerzo</u> Hamburguesa con queso, Ensalada de patatas	8 <u>Desayuno</u> palos tostadas francesas, Salchicha <u>Almuerzo</u> Sándwiches Tostados	9 <u>Desayuno</u> Muffin <u>Almuerzo</u> Espaguetis	10 <u>Desayuno</u> Bagel <u>Almuerzo</u> Tiras de Pollo, Papas Fritas
13 <u>Desayuno</u> Cereales y Yogur <u>Almuerzo</u> Perritos calientes y papas fritas	14 <u>Desayuno</u> Galletas y Salsa <u>Almuerzo</u> Chili Con Carne con Frijoles	15 <u>Desayuno</u> Waffles, Salchicha <u>Almuerzo</u> Sándwiches Tostados	16 <u>Desayuno</u> Muffin <u>Almuerzo</u> Pollo, puré de papas, Panecillo	17 <u>Desayuno</u> Bagel <u>Almuerzo</u> Pizza
20 <i>Vacaciones de Invierno</i>	21	22 <i>No Hay Clases</i>	23 <i>20 - 31 de Diciembre</i>	24
27	28 <i>Todos los días se sirven cereales en el desayuno como alternativa al producto principal.</i>	29	30 <i>El menú está sujeto a cambios sin previo aviso.</i>	31

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Loleta Elementary School's Fresh Fruit & Vegetable Program

December 2021				
Monday	Tuesday	Wednesday	Thursday	Friday
		1 Plums	2 Cantaloupe	3 Forage Friday
6 Apples	7 Orange Wedges	8 Carrots	9 Kiwi	10 Forage Friday
13 Apples	14 Carrots	15 Kiwi	16 Plums	17 Forage Friday
<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>Winter Break</p> <p>No School Dec. 20-31</p> </div>				
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Loleta Elementary School is able to provide this morning snack FREE to students due to the Fresh Fruit and Vegetable Grant.

Melons

- A ½ cup of cantaloupe also provides an excellent source of vitamin A.
- Melons are a good source of carotenoids, which are antioxidants that may lower your risk for some diseases by keeping your body safe from free radicals. Free radicals can damage cells.
- Try a bowl of sliced honeydew and cantaloupe for a cool and colorful snack.
- Make melon kabobs with cubed cantaloupe, honeydew, and watermelon. You can also add in berries for extra color!
- Blend seedless watermelon and freeze in ice cube trays. Add frozen watermelon cubes to sparkling water for a refreshing drink.

Bell Peppers

- A ½ cup of sweet peppers (green, yellow, and red) is an excellent source of vitamin C.
- A ½ cup of sweet red peppers is also a good source of vitamin B6, which helps your body build healthy blood cells.
- Mix in bell pepper slices to your morning eggs for a healthy start to your day.
- Add sautéed bell pepper slices to chicken dishes.
- Eat sliced bell peppers for an afternoon snack.

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